

Defeating Depression

Psalm 42 & Psalm 43

Series: Finding Encouragement Through the Psalms

Pastor Geoffrey Fahringer



In order to Defeat Depression, we must understand three things:

1. The Characteristics of Depression
2. The Causes of Depression
3. The Cure for Depression



In order to Defeat Depression, we must understand three things:

2. The Causes of Depression:

A. People

B. Problems



In order to Defeat Depression, we must understand three things:

1. The Cure for Depression

A. Admit You are Depressed

B. Ask God to help

C. Praise God in advance



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